I was the team coach

I can't believe I used to enjoy being mean to other girls. I felt so powerful and in control! I even got other girls to join the Mean Team! Being mean was really like a sport: We had cheerleaders, pep rallies, practices and trophies. Since I was the coach, I advised the players on how to be mean and decided who would be in the starting line-up.

What should we do?

The best thing to do is to walk away and ignore mean girls. But it's really hard to ignore someone who's calling you names and you never know what might happen if you turn your back on them. I used to be one of those mean girls, but I still find it amazing that a bunch of mean girls can make others behave like them. Maybe they have magical powers.



26

Let's stop being mean

Despite everything, I survived sixth grade and I'm smarter because of it. I learned that making a person feel alone and rejected was really mean. That's what happened to me and Lana! Knowing what it's like to be picked on and humiliated made me want to get rid of the sport of being mean forever! I didn't want kids walking around with targets on them.